This study is designed to help your community group grow as disciples of Jesus Christ. There are three dimensions to following Jesus.



UP: growing in relationship with God

IN: growing in relationship with other followers of Jesus

OUT: growing in relationship with the world around us as we join God in God's mission

Get Started:

(We asked a very similar question a few weeks ago, so feel free to adapt...) Describe a time when you got stuck or lost somewhere.



UP: Connect with God through Spending Time in His Word

Read aloud the passages for the week: Psalm 40:1-5. Allow a few moments to silently reflect on what you heard. Underline or note words or phrases that seem meaningful.

- 1. What does this passage have to say about how we become "unstuck" in life?
- 2. Reread verse 1. Describe a time when you feel like you waited for the Lord to show up. Would you say you waited "patiently?" Or would you use another word to describe this time?
- 3. How do you know when you've waited "long enough" for God to show up?
- 4. Reread verse 2. Describe a time when God lifted you out of a slimy/muddy "stuck" place and set your feet on solid ground.
- 5. How did you know that it was God at work in this situation?



Out: : Connect with the World Around Us (Join God in His Mission)

6. Reread verse 3. The psalmist declares that God's rescue results in a song of praise, and that many will be led to faith because of this. How have you been able to give God glory through the sharing of your story? How has this served as a testimony for the people in your life who don't know Jesus? What role does "waiting" play in evangelism?



IN: Connect with Each Other

- 7. Reread verse 5. The psalmist determines that God's wonders are numerous. Does it feel like this to you? Or do you have a difficult time seeing God at work in your midst?
- 8. What practices could help you cultivate patience and give you the ability to notice God's activity in your life? Are there practices you could experiment with as a group?