



## GUIDE FOR GROUP STUDY: the week of May 12th

This study is designed to help your community group grow as disciples of Jesus Christ. There are three dimensions to following Jesus.



**UP:** growing in relationship with God

**IN:** growing in relationship with other followers of Jesus

**OUT:** growing in relationship with the world around us as we join God in God's mission

### Get Started:

Describe someone who consistently "showed up" in your life when you needed them.



### **UP: Connect with God through Spending Time in His Word**

Read aloud the passages for the week: Psalm 40:6-10. Allow a few moments to silently reflect on what you heard. Underline or note words or phrases that seem meaningful.

1. What does this passage have to say about how we become "unstuck" in life?
2. Reread verse 6. It is often tempting to feel like we need to check certain boxes to appease God. For Israel, this usually took the form of sacrifices. What sorts of boxes are you tempted/inclined to "check" to try to "appease" God in difficult times?
3. Reread verses 7-8. The psalmist shows up, ready to do the will of God. When is it easy for you to "show up" ready to do the will of the Lord? When is it the most challenging?
4. Reread verse 9. One of the things we do regularly in worship is proclaim the works of God. This often happens through songs, prayers, reading scripture, reciting a creed, and the sermon. What is the value in participating in this practice?
5. How does consistently "showing up" to worship God aid in the midst of a challenging season?



## **Out: : Connect with the World Around Us (Join God in His Mission)**

Reread verse 10. The psalmist names the value of sharing the good news of God's action in his life with his community. What kinds of things do you typically share with your community? Does your speech regularly allude to God's work in your life? How can you grow in this?



## **IN: Connect with Each Other**

Summer is just around the corner!

Take a few moments to brainstorm what your group would like to do throughout the summer months. *Will you continue meeting as normal? Will you meet less frequently? Could you switch up your meetings and rotate houses? Could you meet one week "on" and then on the "off" weeks do a BBQ and pray together? Etc...*