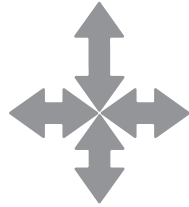




## GUIDE FOR GROUP STUDY: the week of July 29th

This study is designed to help your community group grow as disciples of Jesus Christ. There are three dimensions to following Jesus.



**UP:** growing in relationship with God

**IN:** growing in relationship with other followers of Jesus

**OUT:** growing in relationship with the world around us as we join God in God's mission

### Get Started:

Are you a get up early or stay up late kind of person?



### **UP: Connect with God through Spending Time in His Word**

Read aloud the passage for the week: Ephesians 5:1-20. Allow a few moments to silently reflect on what you heard. Underline or note words or phrases that seem meaningful. Pray for your study of God's Word.

1. What does it mean to walk in the way of love? (Try to be as specific as you can)
2. Re-read Ephesians 5:8-10. What is the Apostle Paul saying about the Ephesians? How do these verses motivate them (and us) to take hold of the new life that is ours in Christ?
3. In your own words, what does it mean to live wisely? Who do you know that walks in wisdom?
4. Why is it so hard to stay awake alone?
5. In your life right now, where might the Lord be calling you to "wake up?"



### **IN: Connect with Each Other**

As a community, how can we help each other stay awake and alert to what the Lord is doing in us and around us? Spend some time praying for one another.



**Out: : Connect with the World Around Us (Join God in His Mission)**

Make the most of every opportunity. Consider where you spend the majority of your time. Who do you notice that God has placed around you? What opportunities for doing good do you see there? Spend some time discussing this as a Life Group. Write down a few things that you notice and spend some time in the coming week reflecting on the opportunities around you. Ask the Lord to lead you in these opportunities.